



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch
Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Loer, Ulrich

Club: Lauf Team Unna
Number: 1129

Course: 14.00 km
14 km Lauf

Category:
Senioren M30

Total time: 1:35:41

Speed: 8.78 km/h
Running performance: 6:50 min/km

Rank in course/Total: 58 (of 70)

Rank in course/Men: 41 (of 46)

Best time in course: 55:18

Rank in category: 1(of 1)

Best time in the category: 1:35:41