



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Schneider, Mario

Club: Thr33ky

Number: 222

Course: 101.00 km

101 km Lauf

Category:

Senioren M35

Total time: 13:26:53

Speed: 7.51 km/h

Running performance: 7:59 min/km

Rank in course/Total: 60 (of 98)

Rank in course/Men: 49 (of 84)

Best time in course: 8:25:02

Rank in category: 6(of 7)

Best time in the category: 11:27:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:12:19	6:47	6	18:20	34	42:54	19.50	2:12:19	6:47	6	6:35	16	
Kühude	20.50	2:30:04	7:19	6	22:04	55	54:25	40.00	4:42:23	7:03	6	24:09	15	
Rhein-Weser-Tur	17.00	2:03:40	7:16	6	13:05	36	50:55	57.00	6:46:03	7:07	6	37:14	15	
Kühude	17.00	2:26:17	8:36	6	27:30	55	59:06	74.00	9:12:20	7:27	6	59:54	16	
Nasse Wiese	20.50	3:19:33	9:44	7	44:01	71	1:24:34	94.50	12:31:53	7:57	6	1:43:55	14	
Finish	6.50	55:00	8:27	6	17:21	69	26:43	101.00	13:26:53	7:59	6	1:58:59	49	5:01:51