



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Rohrman, Bernd

Club: TV Hasperbach 1898 e.V.

Number: 215

Course: 101.00 km

101 km Lauf

Category:

Senioren M55

Total time: 13:40:03

Speed: 7.39 km/h

Running performance: 8:07 min/km

Rank in course/Total: 68 (of 98)

Rank in course/Men: 56 (of 84)

Best time in course: 8:25:02

Rank in category: 8(of 11)

Best time in the category: 10:38:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:32:47	7:50	9	46:11	79	1:03:22	19.50	2:32:47	7:50	8	31:29	9	1:16
Kühude	20.50	2:43:43	7:59	10	52:40	77	1:08:04	40.00	5:16:30	7:54	8	1:12:37	8	11:42
Rhein-Weser-Tur	17.00	2:15:10	7:57	9	30:13	56	1:02:25	57.00	7:31:40	7:55	8	1:40:31	8	13:12
Kühude	17.00	2:20:54	8:17	6	32:31	41	53:43	74.00	9:52:34	8:00	8	2:13:02	9	12:44
Nasse Wiese	20.50	3:00:38	8:48	5	38:47	44	1:05:39	94.50	12:53:12	8:10	8	2:51:49	7	15:26
Finish	6.50	46:51	7:12	6	9:17	41	18:34	101.00	13:40:03	8:07	8	3:01:06	56	5:15:01