



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch  
Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Freund, Angelika

Club: TuS Jahn Söst e.V.  
Number: 1209

Course: 14.00 km  
14 km Lauf

Category:  
Seniorinnen W55

Total time: 1:39:10

Speed: 8.47 km/h  
Running performance: 7:05 min/km

Rank in course/Total: 62 (of 70)  
Rank in course/Women: 19 (of 24)  
Best time in course: 1:05:39

Rank in category: 1(of 3)  
Best time in the category: 1:39:10