



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Schneider, Andreas

Club: TuS Miehlen

Number: 221

Course: 101.00 km

101 km Lauf

Category:

Senioren M45

Total time: 14:16:01

Speed: 7.08 km/h

Running performance: 8:29 min/km

Rank in course/Total: 85 (of 98)

Rank in course/Men: 72 (of 84)

Best time in course: 8:25:02

Rank in category: 14(of 15)

Best time in the category: 8:25:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:25:26	7:27	14	56:01	59	56:01	19.50	2:25:26	7:27	14	56:01	22	
Kühude	20.50	2:37:58	7:42	14	1:02:19	71	1:02:19	40.00	5:03:24	7:35	14	1:58:20	22	
Rhein-Weser-Tur	17.00	2:31:54	8:56	14	1:07:45	79	1:19:09	57.00	7:35:18	7:59	14	3:06:05	22	16:50
Kühude	17.00	2:30:38	8:51	14	1:00:40	62	1:03:27	74.00	10:05:56	8:11	14	4:06:45	22	26:06
Nasse Wiese	20.50	3:15:57	9:33	12	1:20:58	64	1:20:58	94.50	13:21:53	8:29	14	5:27:43	22	44:07
Finish	6.50	54:08	8:19	11	23:16	63	25:51	101.00	14:16:01	8:28	14	5:50:59	72	5:50:59