



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Neufend, Klaus

Club: LSF-Münster

Number: 201

Course: 101.00 km

101 km Lauf

Category:

Senioren M50

Total time: 14:43:04

Speed: 6.86 km/h

Running performance: 8:44 min/km

Rank in course/Total: 91 (of 98)

Rank in course/Men: 78 (of 84)

Best time in course: 8:25:02

Rank in category: 22(of 22)

Best time in the category: 9:37:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Nasse Wiese	19.50	2:20:48	7:13	8	31:32	46	51:23	19.50	2:20:48	7:13	2			27	
Kühude	20.50	2:42:24	7:55	21	49:21	75	1:06:45	40.00	5:03:12	7:34	2			27	
Rhein-Weser-Tur	17.00	2:32:36	8:58	22	59:04	81	1:19:51	57.00	7:35:48	7:59	2	17:20	27	17:20	
Kühude	17.00	2:32:17	8:57	18	53:50	65	1:05:06	74.00	10:08:05	8:13	2	28:15	27	28:15	
Nasse Wiese	20.50	3:28:10	10:09	22	1:19:54	78	1:33:11	94.50	13:36:15	8:38	2	58:29	26	58:29	
Finish	6.50	1:06:49	10:16	22	32:20	78	38:32	101.00	14:43:04	8:44	22	5:06:01	78	6:18:02	