



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Heite, Meinolf

Club: TUS Wallenstein

Number: 1590

Course: 101.00 km

101 km Lauf

Category:

Männer

Total time: 15:05:03

Speed: 6.70 km/h

Running performance: 8:58 min/km

Rank in course/Total: 93 (of 98)

Rank in course/Men: 80 (of 84)

Best time in course: 8:25:02

Rank in category: 2(of 3)

Best time in the category: 13:27:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Nasse Wiese	19.50	2:22:24	7:18	2	5:52	50	52:59	19.50	2:22:24	7:18	2			25	
Kühude	20.50	2:30:33	7:20	2	5:01	56	54:54	40.00	4:52:57	7:19	2			25	
Rhein-Weser-Tur	17.00	2:29:51	8:48	3	16:11	77	1:17:06	57.00	7:22:48	7:46	2	4:20		25	4:20
Kühude	17.00	2:41:47	9:30	3	20:25	78	1:14:36	74.00	10:04:35	8:10	2	24:45		25	24:45
Nasse Wiese	20.50	3:54:46	11:27	2	56:50	81	1:59:47	94.50	13:59:21	8:52	2	1:21:35		24	1:21:35
Finish	6.50	1:05:42	10:06	2	15:50	77	37:25	101.00	15:05:03	8:57	2	1:37:25		80	6:40:01