



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch
Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Engelhard, Sven

Club: Gütersloh
Number: 1123

Course: 14.00 km
14 km Lauf

Category:
Senioren M45

Total time: 1:42:48

Speed: 8.17 km/h
Running performance: 7:20 min/km

Rank in course/Total: 65 (of 70)

Rank in course/Men: 46 (of 46)

Best time in course: 55:18

Rank in category: 9(of 9)

Best time in the category: 58:50