



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch
Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Schneider, Bernd

Club: Wiehl
Number: 827

Course: 21.00 km
21 km Lauf

Category:
Senioren M45

Total time: 1:43:44

Speed: 12.15 km/h
Running performance: 4:56 min/km

Rank in course/Total: 3 (of 78)

Rank in course/Men: 3 (of 53)

Best time in course: 1:35:31

Rank in category: 2(of 13)

Best time in the category: 1:43:29