



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Mertens, Gert

Club: ITC Team Belgium

Number: 1585

Course: 67.00 km

67 km Lauf

Category:

Senioren M50

Total time: 5:19:47

Speed: 12.57 km/h

Running performance: 4:46 min/km

Rank in course/Total: 6 (of 80)

Rank in course/Men: 6 (of 60)

Best time in course: 4:42:05

Rank in category: 1(of 16)

Best time in the category: 5:19:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	1:33:35	4:47	1	-	9	10:47	19.50	1:33:35	4:47	1	-	36	
Kühude	20.50	1:37:49	4:46	2	1:07	10	11:44	40.00	3:11:24	4:47	1	-	36	
Nasse Wiese	20.50	1:43:23	5:02	3	2:35	10	16:25	60.50	4:54:47	4:52	1	-	35	
Finish	6.50	25:00	3:50	1	-	2	0:47	67.00	5:19:47	4:46	1	-	6	37:42