



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch
Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Bockting, Franz-Josef

Club: LV Marathon Kleve
Number: 950

Course: 21.00 km
21 km Lauf

Category:
Senioren M50

Total time: 2:10:44

Speed: 9.64 km/h
Running performance: 6:14 min/km

Rank in course/Total: 24 (of 78)

Rank in course/Men: 23 (of 53)

Best time in course: 1:35:31

Rank in category: 5(of 11)

Best time in the category: 1:50:54