



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch  
Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Heppe, Markus

Club: Fritzlar  
Number: 807

Course: 21.00 km  
21 km Lauf

Category:  
Senioren M35

Total time: 2:11:02

Speed: 9.62 km/h  
Running performance: 6:14 min/km

Rank in course/Total: 25 (of 78)

Rank in course/Men: 24 (of 53)

Best time in course: 1:35:31

Rank in category: 3(of 5)

Best time in the category: 2:07:11