



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch
Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Scheitza, Falko

Club: DJK Preussen 1911 Bochum
Number: 823

Course: 21.00 km
21 km Lauf

Category:
Senioren M50

Total time: 2:12:39

Speed: 9.50 km/h
Running performance: 6:19 min/km

Rank in course/Total: 28 (of 78)

Rank in course/Men: 26 (of 53)

Best time in course: 1:35:31

Rank in category: 6(of 11)

Best time in the category: 1:50:54