



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch
Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Holtkamp, Kamilla

Club: BSG RheinEnergie
Number: 809

Course: 21.00 km
21 km Lauf

Category:
Seniorinnen W40

Total time: 2:20:15

Speed: 8.98 km/h
Running performance: 6:41 min/km

Rank in course/Total: 42 (of 78)

Rank in course/Women: 7 (of 25)

Best time in course: 1:45:43

Rank in category: 4(of 9)

Best time in the category: 2:14:57