



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch
Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Rohr, A.

Club: Adler-Langlauf Bottrop
Number: 903

Course: 21.00 km
21 km Lauf

Category:
Seniorinnen W40

Total time: 2:28:03

Speed: 8.51 km/h
Running performance: 7:03 min/km

Rank in course/Total: 51 (of 78)
Rank in course/Women: 10 (of 25)
Best time in course: 1:45:43

Rank in category: 6(of 9)
Best time in the category: 2:14:57