



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch  
Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Grebe, Sandra

Club: TSV Aue Wingshausen  
Number: 884

Course: 21.00 km  
21 km Lauf

Category:  
Seniorinnen W40

Total time: 2:30:28

Speed: 8.37 km/h  
Running performance: 7:10 min/km

Rank in course/Total: 58 (of 78)  
Rank in course/Women: 12 (of 25)  
Best time in course: 1:45:43

Rank in category: 7(of 9)  
Best time in the category: 2:14:57