



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch
Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Wedde, Katja

Club: LG Monheim/Baumberg
Number: 835

Course: 21.00 km
21 km Lauf

Category:
Seniorinnen W45

Total time: 2:31:12

Speed: 8.33 km/h
Running performance: 7:12 min/km

Rank in course/Total: 60 (of 78)
Rank in course/Women: 14 (of 25)
Best time in course: 1:45:43

Rank in category: 3(of 4)
Best time in the category: 2:29:06