



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch  
Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Steeg, Claudia

Club: TC Kray 1892 e.V.  
Number: 831

Course: 21.00 km  
21 km Lauf

Category:  
Seniorinnen W45

Total time: 2:31:12

Speed: 8.33 km/h  
Running performance: 7:12 min/km

Rank in course/Total: 61 (of 78)  
Rank in course/Women: 14 (of 25)  
Best time in course: 1:45:43

Rank in category: 3(of 4)  
Best time in the category: 2:29:06