



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch  
Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

**Saßmannshausen, Sandra**

Club: TSV Aue - Wingshausen  
Number: 822

Course: 21.00 km  
21 km Lauf

Category:  
Seniorinnen W40

Total time: 2:34:37

Speed: 8.15 km/h  
Running performance: 7:22 min/km

Rank in course/Total: 64 (of 78)  
Rank in course/Women: 16 (of 25)  
Best time in course: 1:45:43

Rank in category: 8(of 9)  
Best time in the category: 2:14:57