



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch
Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Düring, Franz

Club: Lippetal
Number: 879

Course: 21.00 km
21 km Lauf

Category:
Senioren M45

Total time: 2:38:42

Speed: 7.94 km/h
Running performance: 7:34 min/km

Rank in course/Total: 65 (of 78)

Rank in course/Men: 49 (of 53)

Best time in course: 1:35:31

Rank in category: 13(of 13)

Best time in the category: 1:43:29