



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch
Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Woicke, Wolf-Dieter

Club: Athletik Waldniel
Number: 865

Course: 21.00 km
21 km Lauf

Category:
Senioren M70

Total time: 2:54:25

Speed: 7.22 km/h
Running performance: 8:19 min/km

Rank in course/Total: 75 (of 78)

Rank in course/Men: 51 (of 53)

Best time in course: 1:35:31

Rank in category: 1(of 1)

Best time in the category: 2:54:25