



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Bischoff, Natascha

Club: ITC Team Germany

Number: 1586

Course: 67.00 km

67 km Lauf

Category:

Seniorinnen W40

Total time: 6:35:58

Speed: 10.15 km/h

Running performance: 5:55 min/km

Rank in course/Total: 26 (of 80)

Rank in course/Women: 6 (of 20)

Best time in course: 5:43:06

Rank in category: 4 (of 6)

Best time in the category: 5:43:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nasse Wiese	19.50	1:56:53	5:59	4	14:35	6	14:35	19.50	1:56:53	5:59	4	14:35	15	
Kühude	20.50	1:58:33	5:46	4	13:21	6	13:21	40.00	3:55:26	5:53	4	27:56	16	
Nasse Wiese	20.50	2:09:15	6:18	4	21:52	6	21:52	60.50	6:04:41	6:01	4	49:48	16	
Finish	6.50	31:17	4:48	2	3:04	4	3:04	67.00	6:35:58	5:54	4	52:52	6	52:52