



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Pehl, Michael

Club: TRI Sport Menden

Number: 1587

Course: 67.00 km

67 km Lauf

Category:

Senioren M40

Total time: 6:41:41

Speed: 10.01 km/h

Running performance: 6:00 min/km

Rank in course/Total: 29 (of 80)

Rank in course/Men: 22 (of 60)

Best time in course: 4:42:05

Rank in category: 6(of 10)

Best time in the category: 4:48:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	1:59:30	6:07	6	34:42	27	36:42	19.50	1:59:30	6:07	6	34:42	52	
Kühude	20.50	2:01:40	5:56	6	34:57	23	35:35	40.00	4:01:10	6:01	6	1:09:39	52	
Nasse Wiese	20.50	2:06:49	6:11	6	34:50	22	39:51	60.50	6:07:59	6:04	6	1:44:29	51	
Finish	6.50	33:42	5:11	6	8:22	23	9:29	67.00	6:41:41	5:59	6	1:52:51	22	1:59:36