



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Statchuk, Paul

Club: Toronto

Number: 620

Course: 42.00 km

42 km Lauf

Category:

Senioren M30

Total time: 4:23:29

Speed: 9.56 km/h

Running performance: 6:16 min/km

Rank in course/Total: 17 (of 67)

Rank in course/Men: 16 (of 55)

Best time in course: 3:03:07

Rank in category: 1(of 3)

Best time in the category: 4:23:29

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Nasse Wiese	19.50	2:05:17	6:25	2	0:16	29	43:30	19.50	2:05:17	6:25	1	-	44	
Obersorpe	8.00	49:03	6:07	1	-	21	15:09	27.50	2:54:20	6:20	1	-	10	
Finish	14.50	1:29:09	6:08	1	-	5	21:43	42.00	4:23:29	6:16	1	-	16	1:20:22