



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Matthee, Klaus

Club: 1. Tri-Team Gütersloh

Number: 618

Course: 42.00 km

42 km Lauf

Category:

Senioren M45

Total time: 4:43:36

Speed: 8.89 km/h

Running performance: 6:45 min/km

Rank in course/Total: 31 (of 67)

Rank in course/Men: 29 (of 55)

Best time in course: 3:03:07

Rank in category: 4(of 6)

Best time in the category: 3:17:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Nasse Wiese	19.50	2:05:28	6:26	4	38:52	30	43:41	19.50	2:05:28	6:26	4	38:52	2		
Obersorpe	8.00	49:49	6:13	3	13:03	27	15:55	27.50	2:55:17	6:22	4	51:55	2		
Finish	14.50	1:48:19	7:28	4	33:45	28	40:53	42.00	4:43:36	6:45	4	1:25:40	29	1:40:29	