



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Kleuser, Ludger

Club: Drensteinfurt

Number: 509

Course: 42.00 km

42 km Lauf

Category:

Senioren M55

Total time: 4:44:22

Speed: 8.86 km/h

Running performance: 6:46 min/km

Rank in course/Total: 32 (of 67)

Rank in course/Men: 30 (of 55)

Best time in course: 3:03:07

Rank in category: 5(of 11)

Best time in the category: 3:57:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Nasse Wiese	19.50	2:06:24	6:28	6	23:34	34	44:37	19.50	2:06:24	6:28	5	23:34	3		
Obersorpe	8.00	49:53	6:14	5	6:59	29	15:59	27.50	2:56:17	6:24	5	30:33	3		
Finish	14.50	1:48:05	7:27	4	15:51	27	40:39	42.00	4:44:22	6:46	5	46:24	30	1:41:15	