



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

de Rijcke, Annekarlijn

Club: Klarenbeek

Number: 493

Course: 42.00 km

42 km Lauf

Category:

Frauen

Total time: 4:46:05

Speed: 8.81 km/h

Running performance: 6:49 min/km

Rank in course/Total: 33 (of 67)

Rank in course/Women: 3 (of 12)

Best time in course: 4:20:04

Rank in category: 1(of 1)

Best time in the category: 4:46:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total	Total	Total	Pos	Behind	Pos	Behind
								km	Time	min/km	Cat.	Cat.	Women	Women
Nasse Wiese	19.50	2:05:08	6:25	1	-	3	9:06	19.50	2:05:08	6:25	1	-	3	9:06
Obersorpe	8.00	49:36	6:12	1	-	2	2:52	27.50	2:54:44	6:21	1	-	3	11:58
Finish	14.50	1:51:21	7:40	1	-	5	14:03	42.00	4:46:05	6:48	1	-	3	26:01