



# 8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

## Detailed evaluation

**Höwer, Peter**

Club: Tri Finish Münster

Number: 507

Course: 42.00 km

42 km Lauf

Category:

Senioren M55

Total time: 4:49:19

Speed: 8.71 km/h

Running performance: 6:53 min/km

Rank in course/Total: 37 (of 67)

Rank in course/Men: 34 (of 55)

Best time in course: 3:03:07

Rank in category: 6(of 11)

Best time in the category: 3:57:58

## Intermediate times

## Stage score

## Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Nasse Wiese	19.50	2:06:42	6:29	7	23:52	35	44:55	19.50	2:06:42	6:29	6	23:52	7	
Obersorpe	8.00	51:06	6:23	6	8:12	33	17:12	27.50	2:57:48	6:27	6	32:04	7	
Finish	14.50	1:51:31	7:41	6	19:17	34	44:05	42.00	4:49:19	6:53	6	51:21	34	1:46:12