



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Groß, Michael

Club: Ultra-Team-Tortour

Number: 619

Course: 42.00 km

42 km Lauf

Category:

Senioren M40

Total time: 4:55:15

Speed: 8.54 km/h

Running performance: 7:02 min/km

Rank in course/Total: 40 (of 67)

Rank in course/Men: 36 (of 55)

Best time in course: 3:03:07

Rank in category: 11(of 12)

Best time in the category: 3:34:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Nasse Wiese	19.50	2:01:15	6:13	9	22:35	22	39:28	19.50	2:01:15	6:13	11	22:35	9		
Obersorpe	8.00	52:48	6:35	10	14:13	36	18:54	27.50	2:54:03	6:19	11	36:48	9		
Finish	14.50	2:01:12	8:21	11	44:09	42	53:46	42.00	4:55:15	7:01	11	1:20:57	36	1:52:08	