



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch
Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Stallmeister, Thomas

Club: SG Rote Erde Beckum
Number: 1191

Course: 14.00 km
14 km Lauf

Category:
Senioren M35

Total time: 1:03:57

Speed: 13.14 km/h
Running performance: 4:34 min/km

Rank in course/Total: 6 (of 70)

Rank in course/Men: 6 (of 46)

Best time in course: 55:18

Rank in category: 1(of 5)

Best time in the category: 1:03:57