



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch  
Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Cramer, Luciene

Club: Laufladen Endspurt  
Number: 1238

Course: 14.00 km  
14 km Lauf

Category:  
Seniorinnen W40

Total time: 1:05:39

Speed: 12.80 km/h  
Running performance: 4:41 min/km

Rank in course/Total: 9 (of 70)

Rank in course/Women: 1 (of 24)

Best time in course: 1:05:39

Rank in category: 1(of 4)

Best time in the category: 1:05:39