



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch
Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Zecha, Felix

Club: LAC TV-Schmallenberg
Number: 1203

Course: 14.00 km
14 km Lauf

Category:
Senioren M50

Total time: 1:09:38

Speed: 12.06 km/h
Running performance: 4:58 min/km

Rank in course/Total: 11 (of 70)

Rank in course/Men: 10 (of 46)

Best time in course: 55:18

Rank in category: 1(of 7)

Best time in the category: 1:09:38