



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Möller, Claudia

Club: Hamburg

Number: 516

Course: 42.00 km

42 km Lauf

Category:

Seniorinnen W50

Total time: 5:09:11

Speed: 8.15 km/h

Running performance: 7:22 min/km

Rank in course/Total: 47 (of 67)

Rank in course/Women: 6 (of 12)

Best time in course: 4:20:04

Rank in category: 1(of 2)

Best time in the category: 5:09:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nasse Wiese	19.50	2:11:22	6:44	1	-	5	15:20	19.50	2:11:22	6:44	1	-	6	15:20
Obersorpe	8.00	59:07	7:23	1	-	6	12:23	27.50	3:10:29	6:55	1	-	6	27:43
Finish	14.50	1:58:42	8:11	1	-	6	21:24	42.00	5:09:11	7:21	1	-	6	49:07