



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Möller, Claudia

Club: Hamburg

Number: 516

Course: 42.00 km

42 km Lauf

Category:

Seniorinnen W50

Total time: 5:09:11

Speed: 8.15 km/h

Running performance: 7:22 min/km

Rank in course/Total: 47 (of 67)

Rank in course/Women: 6 (of 12)

Best time in course: 4:20:04

Rank in category: 1(of 2)

Best time in the category: 5:09:11

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Nasse Wiese | 19.50 | 2:11:22 | 6:44 | 1 | - | 5 | 15:20 | 19.50 | 2:11:22 | 6:44 | 1 | - | 6 | 15:20 |
| Obersorpe | 8.00 | 59:07 | 7:23 | 1 | - | 6 | 12:23 | 27.50 | 3:10:29 | 6:55 | 1 | - | 6 | 27:43 |
| Finish | 14.50 | 1:58:42 | 8:11 | 1 | - | 6 | 21:24 | 42.00 | 5:09:11 | 7:21 | 1 | - | 6 | 49:07 |