



# 8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

## Detailed evaluation

**Decius, Karl-Walter**

Club: Trail Team OWL / 100MC

Number: 494

Course: 42.00 km

42 km Lauf

Category:

Senioren M65

Total time: 5:15:04

Speed: 8.00 km/h

Running performance: 7:30 min/km

Rank in course/Total: 48 (of 67)

Rank in course/Men: 42 (of 55)

Best time in course: 3:03:07

Rank in category: 1(of 2)

Best time in the category: 5:15:04

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:15:03	6:55	1	-	41	53:16	19.50	2:15:03	6:55	1	-	1	-
Obersorpe	8.00	58:05	7:15	2	1:45	45	24:11	27.50	3:13:08	7:01	1	-	1	-
Finish	14.50	2:01:56	8:24	1	-	43	54:30	42.00	5:15:04	7:30	1	-	42	2:11:57