



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Schnitzker, Wolfgang

Club: Solinger LC

Number: 520

Course: 42.00 km

42 km Lauf

Category:

Senioren M55

Total time: 5:17:11

Speed: 7.94 km/h

Running performance: 7:33 min/km

Rank in course/Total: 50 (of 67)

Rank in course/Men: 44 (of 55)

Best time in course: 3:03:07

Rank in category: 9(of 11)

Best time in the category: 3:57:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Nasse Wiese	19.50	2:24:58	7:26	10	42:08	48	1:03:11	19.50	2:24:58	7:26	9	42:08	17	9:55
Obersorpe	8.00	56:22	7:02	9	13:28	42	22:28	27.50	3:21:20	7:19	9	55:36	17	8:12
Finish	14.50	1:55:51	7:59	8	23:37	37	48:25	42.00	5:17:11	7:33	9	1:19:13	44	2:14:04