



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Schüssler, Franz

Club: LSC Schmallenberg

Number: 544

Course: 42.00 km

42 km Lauf

Category:

Senioren M65

Total time: 5:20:04

Speed: 7.87 km/h

Running performance: 7:37 min/km

Rank in course/Total: 51 (of 67)

Rank in course/Men: 45 (of 55)

Best time in course: 3:03:07

Rank in category: 2(of 2)

Best time in the category: 5:15:04

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Nasse Wiese	19.50	2:17:56	7:04	2	2:53	43	56:09	19.50	2:17:56	7:04	2	2:53	18	2:53
Obersorpe	8.00	56:20	7:02	1	-	41	22:26	27.50	3:14:16	7:03	2	1:08	18	1:08
Finish	14.50	2:05:48	8:40	2	3:52	50	58:22	42.00	5:20:04	7:37	2	5:00	45	2:16:57