



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch
Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Brune, Ralf

Club: TuS Bödefeld
Number: 1213

Course: 14.00 km
14 km Lauf

Category:
Senioren M40

Total time: 1:13:38

Speed: 11.41 km/h
Running performance: 5:16 min/km

Rank in course/Total: 17 (of 70)

Rank in course/Men: 15 (of 46)

Best time in course: 55:18

Rank in category: 1(of 3)

Best time in the category: 1:13:38