



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Kortekamp, Jochen

Club: Hohenhausen

Number: 542

Course: 42.00 km

42 km Lauf

Category:

Senioren M50

Total time: 5:23:56

Speed: 7.78 km/h

Running performance: 7:43 min/km

Rank in course/Total: 54 (of 67)

Rank in course/Men: 47 (of 55)

Best time in course: 3:03:07

Rank in category: 5(of 7)

Best time in the category: 4:11:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:27:56	7:35	5	34:19	49	1:06:09	19.50	2:27:56	7:35	5	34:19	20	12:53
Obersorpe	8.00	59:45	7:28	5	14:59	46	25:51	27.50	3:27:41	7:33	5	49:15	20	14:33
Finish	14.50	1:56:15	8:01	4	22:43	38	48:49	42.00	5:23:56	7:42	5	1:11:58	47	2:20:49