



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch
Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Bögel, Karin

Club: Lengerich
Number: 867

Course: 21.00 km
21 km Lauf

Category:
Seniorinnen W70

Total time: 4:24:21

Speed: 4.77 km/h
Running performance: 12:35 min/km

Rank in course/Total: 78 (of 78)
Rank in course/Women: 25 (of 25)
Best time in course: 1:45:43

Rank in category: 1(of 1)
Best time in the category: 4:24:21