



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch  
Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Zöllner, Jörg-Peter

Club: TSV 1863 Herdecke  
Number: 1225

Course: 14.00 km  
14 km Lauf

Category:  
Senioren M60

Total time: 1:15:32

Speed: 11.12 km/h  
Running performance: 5:24 min/km

Rank in course/Total: 19 (of 70)

Rank in course/Men: 17 (of 46)

Best time in course: 55:18

Rank in category: 3(of 5)

Best time in the category: 1:10:59