



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Baucks, Ulrich

Club: 1.SC Lippetal

Number: 278

Course: 67.00 km

67 km Lauf

Category:

Senioren M50

Total time: 8:01:28

Speed: 8.35 km/h

Running performance: 7:11 min/km

Rank in course/Total: 53 (of 80)

Rank in course/Men: 42 (of 60)

Best time in course: 4:42:05

Rank in category: 11(of 16)

Best time in the category: 5:19:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:05:36	6:26	8	32:01	35	42:48	19.50	2:05:36	6:26	11	32:01	13	
Kühude	20.50	2:22:29	6:57	11	45:47	41	56:24	40.00	4:28:05	6:42	11	1:16:41	13	
Nasse Wiese	20.50	2:51:26	8:21	10	1:10:38	46	1:24:28	60.50	7:19:31	7:15	10	2:24:44	13	
Finish	6.50	41:57	6:27	8	16:57	40	17:44	67.00	8:01:28	7:11	11	2:41:41	42	3:19:23