



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Kremer, Daniel

Club: Lennestadt

Number: 510

Course: 42.00 km

42 km Lauf

Category:

Männer

Total time: 5:37:54

Speed: 7.46 km/h

Running performance: 8:03 min/km

Rank in course/Total: 57 (of 67)

Rank in course/Men: 50 (of 55)

Best time in course: 3:03:07

Rank in category: 3(of 3)

Best time in the category: 4:03:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:36:06	8:00	3	48:12	52	1:14:19	19.50	2:36:06	8:00	3	48:12	23	21:03
Obersorpe	8.00	57:18	7:09	3	11:56	43	23:24	27.50	3:33:24	7:45	3	1:00:08	23	20:16
Finish	14.50	2:04:30	8:35	3	34:45	48	57:04	42.00	5:37:54	8:02	3	1:34:53	50	2:34:47