



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch  
Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Quitscharek, Stefanie

Club: LAC Veltins Hochsauerland TV-Calle  
Number: 1214

Course: 14.00 km  
14 km Lauf

Category:  
Seniorinnen W45

Total time: 1:15:55

Speed: 11.06 km/h  
Running performance: 5:25 min/km

Rank in course/Total: 22 (of 70)

Rank in course/Women: 3 (of 24)

Best time in course: 1:05:39

Rank in category: 1(of 5)

Best time in the category: 1:15:55