



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Keelan, Bettina

Club: 100 Marathon Club
Number: 533

Course: 42.00 km
42 km Lauf

Category:
Seniorinnen W55

Total time: 5:42:39

Speed: 7.35 km/h
Running performance: 8:10 min/km

Rank in course/Total: 58 (of 67)

Rank in course/Women: 8 (of 12)

Best time in course: 4:20:04

Rank in category: 1 (of 3)

Best time in the category: 5:42:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nasse Wiese	19.50	2:30:42	7:43	2	6:21	9	34:40	19.50	2:30:42	7:43	1	-	8	34:40
Obersorpe	8.00	1:07:25	8:25	2	4:55	9	20:41	27.50	3:38:07	7:55	1	-	8	55:21
Finish	14.50	2:04:32	8:35	1	-	8	27:14	42.00	5:42:39	8:09	1	-	8	1:22:35