



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch
Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Kühlenkötter, Thomas

Club: Schmollenberg

Number: 1159

Course: 14.00 km

14 km Lauf

Category:

Männer

Total time: 1:17:49

Speed: 10.79 km/h

Running performance: 5:34 min/km

Rank in course/Total: 28 (of 70)

Rank in course/Men: 24 (of 46)

Best time in course: 55:18

Rank in category: 7(of 7)

Best time in the category: 55:18