



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Oosting, Hilly

Club: Gavas

Number: 541

Course: 42.00 km

42 km Lauf

Category:

Seniorinnen W50

Total time: 5:57:16

Speed: 7.05 km/h

Running performance: 8:31 min/km

Rank in course/Total: 62 (of 67)

Rank in course/Women: 10 (of 12)

Best time in course: 4:20:04

Rank in category: 2(of 2)

Best time in the category: 5:09:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nasse Wiese	19.50	2:34:46	7:56	2	23:24	10	38:44	19.50	2:34:46	7:56	2	23:24	10	38:44
Obersorpe	8.00	1:08:16	8:31	2	9:09	11	21:32	27.50	3:43:02	8:06	2	32:33	10	1:00:16
Finish	14.50	2:14:14	9:15	2	15:32	10	36:56	42.00	5:57:16	8:30	2	48:05	10	1:37:12