



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch
Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Stör, Christoph

Club: Schmallerberg
Number: 1155

Course: 14.00 km
14 km Lauf

Category:
Senioren M45

Total time: 1:22:24

Speed: 10.19 km/h
Running performance: 5:53 min/km

Rank in course/Total: 37 (of 70)

Rank in course/Men: 30 (of 46)

Best time in course: 55:18

Rank in category: 5(of 9)

Best time in the category: 58:50