



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Kraft, Christine

Club: Lünen
Number: 304

Course: 67.00 km
67 km Lauf

Category:
Seniorinnen W50

Total time: 8:40:34

Speed: 7.72 km/h
Running performance: 7:46 min/km

Rank in course/Total: 63 (of 80)
Rank in course/Women: 14 (of 20)
Best time in course: 5:43:06

Rank in category: 3(of 4)
Best time in the category: 6:54:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nasse Wiese	19.50	2:24:19	7:24	2	26:22	12	42:01	19.50	2:24:19	7:24	3	26:22	8	3:41
Kühude	20.50	2:36:02	7:36	3	34:21	13	50:50	40.00	5:00:21	7:30	3	1:00:43	8	20:46
Nasse Wiese	20.50	2:56:38	8:36	4	38:26	15	1:09:15	60.50	7:56:59	7:53	3	1:39:09	8	44:45
Finish	6.50	43:35	6:42	4	7:10	15	15:22	67.00	8:40:34	7:46	3	1:46:19	14	2:57:28