



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Kunzfeld, Georg

Club: passtschon98

Number: 187

Course: 101.00 km

101 km Lauf

Category:

Senioren M40

Total time: 8:45:02

Speed: 11.54 km/h

Running performance: 5:12 min/km

Rank in course/Total: 2 (of 98)

Rank in course/Men: 2 (of 84)

Best time in course: 8:25:02

Rank in category: 1(of 13)

Best time in the category: 8:45:02

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	1:42:15	5:14	1	-	3	12:50	19.50	1:42:15	5:14	1	-	63	
Kühude	20.50	1:45:19	5:08	1	-	2	9:40	40.00	3:27:34	5:11	1	-	63	
Rhein-Weser-Tur	17.00	1:23:57	4:56	1	-	2	11:12	57.00	4:51:31	5:06	1	-	63	
Kühude	17.00	1:27:11	5:07	1	-	1	-	74.00	6:18:42	5:07	1	-	63	
Nasse Wiese	20.50	1:58:03	5:45	1	-	2	3:04	94.50	8:16:45	5:15	1	-	61	
Finish	6.50	28:17	4:21	1	-	1	-	101.00	8:45:02	5:11	1	-	2	20:00