



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Ancora, Vito Piero

Club: Pro Patria Milano

Number: 605

Course: 42.00 km

42 km Lauf

Category:

Senioren M60

Total time: 6:21:44

Speed: 6.60 km/h

Running performance: 9:05 min/km

Rank in course/Total: 64 (of 67)

Rank in course/Men: 53 (of 55)

Best time in course: 3:03:07

Rank in category: 5(of 5)

Best time in the category: 4:42:47

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-------------|-------|---------|--------|------|--------|-----|---------|-------|---------|--------|------|---------|-----|---------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Nasse Wiese | 19.50 | 2:45:00 | 8:27 | 5 | 39:45 | 54 | 1:23:13 | 19.50 | 2:45:00 | 8:27 | 5 | 37:34 | 26 | 29:57 |
| Obersorpe | 8.00 | 1:19:50 | 9:58 | 5 | 30:38 | 53 | 45:56 | 27.50 | 4:04:50 | 8:54 | 5 | 1:08:12 | 26 | 51:42 |
| Finish | 14.50 | 2:16:54 | 9:26 | 5 | 30:45 | 53 | 1:09:28 | 42.00 | 6:21:44 | 9:05 | 5 | 1:38:57 | 53 | 3:18:37 |